

Nutrition in Health and Healing

Exploring the critical link between nutrition and health across the lifespan

Focusing on the integration of information, tools, and strategies into personal and professional practice

Friday, Sept. 18, 2009

8:00 am – 4:30 pm

Fluno Center for Executive Education

601 University Avenue, Madison, Wisconsin

Sponsored by
UW-Madison School of Nursing
Continuing Education in Nursing

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www.son.wisc.edu/ce

Description

Nutrition in Health and Healing is designed to disseminate information on nutritional variables that influence the body's growth and development across the lifespan, beginning preconception. The conference includes an exploration of therapeutic approaches and community resources supporting nutritional change – allowing the clinician to create change at a personal, community, and systems level.

Practical education focuses on learning about optimal nutrition related to health and illness states and explores clinically relevant topics useful in primary and community health settings.

Conference Purpose

Explore the growing body of evidence describes the critical link between nutrition and health across the lifespan.

Objectives

At the conclusion of this program, the participant will be able to:

- Describe how optimal nutrition and nutrient deficiencies impact the functioning of whole body systems through DNA expression.
- Identify strategies to facilitate dietary changes on an individual and a community level.
- Identify community resources and programs for use as a source of nutrition information for providers and clients, for client referral, and for development of interdisciplinary and collaborative teams.
- Develop population-based networks and strategies for encouraging optimal nutrition.
- Discuss the significance of prenatal and early childhood nutrition on disease prevention later in life.
- Describe the recommended dietary changes which will assist in achieving healthy weight and the prevention of disease.

Audience

Nurses, advanced practice nurses, registered dietitians, dietetic technicians, physicians, physician assistants, nutritionists, complementary medicine practitioners, educators, advocates, and all individuals interested in improving nutrition are invited to attend.

Registration Information

Registration Deadline: September 11, 2009

Online registration and detailed program information available at www.son.wisc.edu/ce

Cost: \$160

Program # 1130

For More Information:

Contact Continuing Education in Nursing
by mail, or email greenleaf@wisc.edu,
Julia Greenleaf, Program Coordinator.

Scholarships Available:

For Nursing Alumni: The UW-Madison Nursing Alumni Organization (NAO) is providing half-cost scholarships for UW-Madison nursing alumni.

More Scholarship Assistance: Any nurse registrants may accept a half-cost scholarship for this program through the School of Nursing Continuing Education Fund.

To accept a scholarship, please email Susan Mezei (skmezei@wisc.edu) or phone her at 608-262-0566.

Continuing Education Credit: Participants may earn a maximum of 6.0 ANCC Contact Hours, 6 CEUs, or 7.2 Nursing Contact Hours for Iowa credit, based upon documented participation and completion of all evaluative materials.

This program is approved by the Wisconsin Dietetic Association/Commission on Dietetic Registration, RDs and DTRs may earn 6 continuing professional education hours upon completion.